

BASQUE FOOD

- **INTRODUCTION:**

This is an introduction of our English work. We are taking information from the Internet, printed material and chefs. In the second paragraph we are going to tell you some types of food and we are going to describe them. Then, in the third some famous restaurants and chefs from the Basque Country. Also we are going to tell an opinion of some chefs and some tourists. In the fifth paragraph we are going to tell our opinion like our favourite restaurants,...

- **TYPES OF FOOD:**

In the Basque Country you can eat most of the foods. In the restaurants you can eat some typical food of the Basque Country, like "txuleta", "mamia (cuajada)", "arkumea" ... "Txuleta(meat)" is coming from the cow. "Mamia(cuajada)" is coming from the sheep's milk and "arkumea" is a lamb. The most traditional food of our country is "kokotxak".



Kokotxak.

- **CHEFS AND RESTAURANTS:**

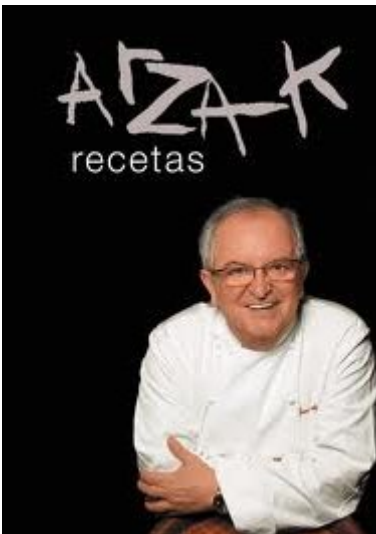
In the Basque country there are a lot of famous chefs, such as Carlos Arguiñano, Martin Berasategui, Juan Mari Arzak...All of these three chefs have different restaurants. Arguiñano's restaurant is in Zarautz. We have never been there so we don't know how good the food is, however, people who have been there, say that the food is magnificent and the restaurant is very beautiful, moreover, Arzak has his own restaurant in Donostia, and Martin Berasategi in Lasarte, Sevilla and Barcelona. All these three chefs take part in different TV programs, such as food programs, in other words, teaching now to prepare delicious menus. As we say before in our country there are chefs and restaurants that are famous in all over the world.



Carlos Arguiñano.



Carlos Arguiñano's restaurant.



Juan Mari Arzak.



Juan Mari Arzak's restaurant.



Martin Berasategui.



Martin Berasategui's restaurant.

- **CHEFS OPINION AND TOURISTS OPOINION:**

Some chefs think that in the Basque Country, the gastronomy is very important, because it attracts lots of tourists. Chefs say that the people who live in the Basque Country cook very well. In their opinion, we also have a good luck because the products are very good and the climate helps a lot.

To sum up, the chefs think that we live in the best place for the gastronomy, and we have to use it because it gives good consequences.

Tourists say that they have never known that food could be so good in the Basque Country, that they are hallucinating because they have never tasted food as good as here.



- **OUR OPINION:**

According to the chefs we also think that the Basque gastronomy is very good. We have eaten in a lot of restaurants and in our opinion all are fantastic. We recommend restaurants like Astillero(Zumaia), Katxiña(Orio), Kaia(Zumaia), Aldanondo(Donostia) and also some cider places, like Añota(Azpeitia), Izeta(Zarautz)... We are very lucky with the Basque food because it is very good.

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